



# MEALS TO GO MENU



**BRETT STREET  
CAFE**

COMMUNITY ACCESS FOR EVERYONE

**Pre-order | Ready to go:**  
Fresh, chilled, ready to heat

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Pick up: \_\_\_\_\_ Day: \_\_\_\_\_ Date: \_\_\_ / \_\_\_ / \_\_\_

No. required	Main course (\$7.50)
	Sausage & mash with vegetables-gravy (GF)
	Beef meatball with mashed potatoes & vegetables – gravy
	Chicken casserole with mash & vegetables
	Crumbed fish with mashed potatoes & vegetables
	Ham, cheese & tomato flan with vegetables
	Pumpkin, spinach, cheese & tomato flan with vegetables
	Seasonal vegetable selection – <b>\$6.50</b>
	Side green leaf salad with crisp vegetable garnish & salad dressing – <b>\$4.50</b>

No. required	Main course (\$8.50)
	Roast beef with roast pumpkin, mashed potatoes & seasonal vegetables – gravy (GF)
	Chicken schnitzel with mashed potatoes & seasonal vegetables-gravy
	Barramundi in batter with mashed potatoes & vegetables
	Cottage pie with vegetables – gravy
	Chicken summer salad of mixed leaf salad – crispy vegetable garnish – balsamic dressing (cold)

No. required	Monthly Specials (\$8.50)
	<b>Week 1:</b> Corned beef with mash & vegetables – white sauce (GF)
	<b>Week 2:</b> Braised steak & onions with mash & vegetables (GF)
	<b>Week 3:</b> Chicken & leek casserole with mash & vegetables
	<b>Week 4:</b> Moroccan lamb casserole with mash & vegetables

**Vegetables:** Selection – carrots, broccoli, zucchini, cauliflower & potato (subject to change)

No. required	Puddings/Monster Cookie Jar selection (\$3.80)	
	Sticky date pudding with custard	Fruit & yoghurt
	Lemon yoyo	White chocolate & macadamia
	Jam drop	Date & ginger
	Florentine (GF)	Key lime
	Fruit & nut (GF)	Belgium choc chip (GF)
	Vanilla & berry with custard & caramel sauce	



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**Pre-order** by 12 noon for pick up the next day – Monday to Friday 12 noon to 1.30pm. Friday orders should be placed by 12 noon on the Wednesday before.

Any issues with orders, please phone our office on 07 5569 3110.

**Note:** *Subsidised meals may be available to eligible persons under the My Aged Care Meal Services and National Disability Insurance Scheme – talk to our team to see if you are eligible – phone 07 5569 3110.*

## Meals to go information sheet

Thank you for ordering your Brett Street CAFÉ prepared takeaway meal.

### **Meal information:**

The meals are freshly prepared and cooked in the Brett Street CAFÉ kitchen, supporting local food suppliers and retailers. The meals are cooked fresh and are available to pre-order and pickup Monday to Friday pre-order for pick-up. They include a balanced portion of protein, carbohydrates and vegetables. Gluten free options listed on the menus (GF).

### **Food safety – your safety:**

The meals are prepared following FSANZ Australia food safety standards with a focus on food safety, good hygiene practices and correct food storage.

The meals are not suitable to be frozen and must be consumed by the use by date on the container. Please keep your meal refrigerated until you are ready to consume.

Please bring a chiller bag and ice brick to collect your meals.

### **Food allergies:**

The meals are not suitable for customers with specific dietary requirements, please discuss any concerns you may have with your individual meal plan.

Please call 07 5569 3131 or send an email to [brettstreetcafe@tweed.nsw.gov.au](mailto:brettstreetcafe@tweed.nsw.gov.au)

**Note:** The meals may contain traces of egg/dairy/nuts and other food allergens.

### **Reheating instructions:**

The meals are served in microwave safe containers, it is important to heat the meal to 60 degrees for your safety. The meals **must not** be reheated for a second time, please discuss with the Café team if you require additional information regarding the heating of your meal.

### **Contact us**

P 07 5569 3131

W [www.brettstreetcafe.com.au](http://www.brettstreetcafe.com.au)

E [brettstreetcafe@tweed.nsw.gov.au](mailto:brettstreetcafe@tweed.nsw.gov.au)

 [www.facebook.com/tweedshirecouncil](https://www.facebook.com/tweedshirecouncil)

### **Location**

Tweed Heads Civic and Cultural Centre (located in the plaza), 17 Brett Street, Tweed Heads